

Meet Kimberly Mohns Roberts



Kimberly Mohns Roberts' works are focused on building children's self-esteem and self-worth. A native of the Garden State, Kimberly grew up with her parents and three siblings. As a teenager, Kimberly struggled with various bouts of depression and anxiety, which eventually led to an attempt at taking her own life. Through a combination of self-determination and family support, Kimberly overcame her emotional difficulties and went on to a successful business career.

After several years of corporate life, Kimberly knew she wanted more out of her life. She often reflected on her personal experiences and believed a life spent making public her triumph over anxiety and depression would have the most positive impact on the next generation. Her book, *Just Perfect*, seeks to help young girls establish a positive view of themselves in a world that continually highlights flaws. Through both her literary works and public advocacy, Kimberly seeks to empower the younger generation so fewer kids have the same experience she did.

Kimberly decided to not only create positive resources for young children, but to also donate a portion of the proceeds to non-profit organizations with similar objectives. She is committed to supporting charities with a mission to improve children's confidence and be a resource when they really need it.

She currently lives in Charlotte, North Carolina with her husband and two daughters.



In the News

WBTV
Charlotte Parent
CLT Tales
People of CLT
WCNC

"Just me, just you, just perfect."

Books

Just Perfect

ISBN:

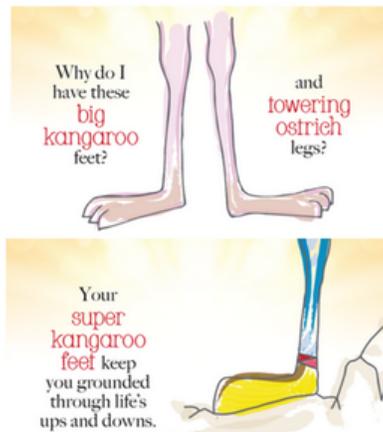
Published date



Through a conversational format, this cute ballerina and her mother have a life lesson to share. All too frequently people look at themselves in the mirror and see hippo bellies or flamingo legs. As the daughter questions her unique physical features, her loving mother reminds her daughter that her body is 'just perfect' the way it is. Bright colored artwork fills the pages and progressively reveals a lovable main character comprised of different animal body parts. She is the "perfect" ballerina. The word "perfect" is used throughout the book to remind young children that everyone is unique and there is no need to change who they are.

Just Super

ISBN: Published date



This character is comprised of different animal body parts. Unique as you and me, he questions his features in a father and son conversation. The father quickly reminds him the true super powers he possesses within.

Just Perfect Coloring Pages

ISBN: Published date

She is "just perfect"... remind them with a one of a kind coloring book. 20+ words of encouragement just waiting to be brought to life with hours of fun!



Beyond paper

Kimberly Mohns Roberts is available for presentations, book fairs, wellness events and more! Her passion to inspire is limitless!

She has led programs for schools, community groups and educational conferences. Presentations can be catered to any age group, ranging from 3 up to adults. Book signings can be added to the event if requested in advance.

Mrs. Roberts enjoys speaking to small and large groups, alike. For small groups, she does more hands-on presentation, creating a dialogue. For larger groups, she uses PowerPoint, but keeps each presentation flexible and rarely telling the same stories to every group. Mrs. Roberts will change discussions according to the age group, the interest level, and the degree of involvement.

When she is at your location, her time is yours, but her favorite topics include: body image, mental health, anti-bullying, suicide awareness, life/career journey.



Know the Numbers

1 in 5

children ages 13-18 have,
or will have a serious mental illness.*

3rd

leading cause of death in
youth ages 10 - 24.1 is suicide.*

123

123 suicides per day,
on average.***

75%

75% of girls with low self-esteem reported
engaging in negative activities like cutting,
bullying, smoking, drinking, or disordered
eating.**

*National Institute of Mental Health. www.nimh.nih.gov

**<http://www.prnewswire.com/news-releases/new-national-report-reveals-the-high-price-of-low-self-esteem-65355592.html>

***AFSP, <https://afsp.org/about-suicide/suicide-statistics/>

Sample School Presentations

K-1: Head, shoulders, knees & toes: Everyone is different!



We kick it off with a little song and story time. In a circle we all share something that is different about ourselves. I use *Just Perfect* & *Just Super* to guide the conversation about positive body image for ourselves and others.

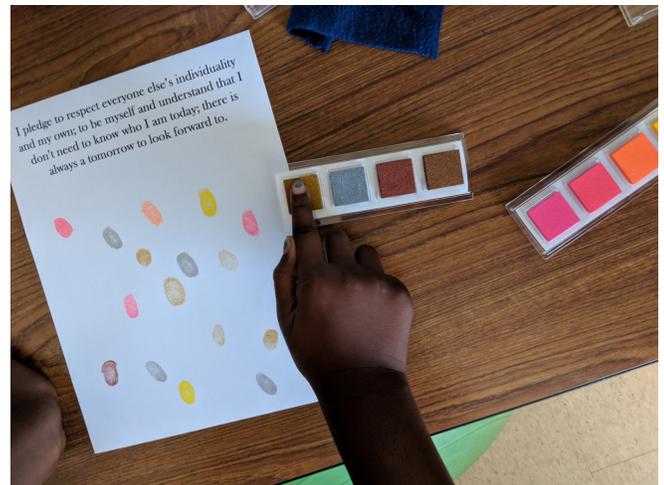
2-3: Healthy Brain & Expressions

Kids love to draw and so do I! Let them see how easy it is to share their feelings through art. While we draw, we discuss ways to overcome negative feelings and how to help others. Throw in a little brain education [we're all wired differently] and the kids will walk away with more of an understanding of differences, physically and mentally.

4-5: Talk: Kindness & Compassion

I was bullied in middle school, which had a large impact on my self-esteem. We talk about kindness and compassion for others through games: *Walking in Someone Else's Shoes*, *A Wrinkled Heart*, *Throw a compliment*.

And don't forget kindness & compassion for yourself! It's ok to have angry feelings, give yourself the space when you need it and learn how important it is to forgive yourself when you make a mistake.



***"This session for all ages,
was so inspiring."***

Barb N.
Girl Scouts Hornets Nest, Conversation of
Consequence, 2017

9-12: Perfectly You: Understanding life's path & challenges

Kimberly was a cute & easy baby. But that wasn't a tell-all for how life's was going to go for her. How did she end up here? Mrs. Robert's shares her journey through grade school, college and business career. She shares her goals and encourages conversation on life's ups and downs.



"There is only one you, as unique as your fingerprints & irreplaceable."

Sample Key Note/ Guest Speaker

Today isn't Tomorrow

Kimberly shares her journey of life; she is a survivor and is here to inspire. More than the struggles as a teen, Kimberly talks education and career paths. The little girl who loved to draw dreamed of a life as a fashion model, who knew her dream would change to become a role model. She talks co-workers and bosses, how to deal and get the most out of your job, and working towards a dream that you haven't even dreamt of yet.

As Unique as Your Fingerprints: Inclusion & Diversity

What does it mean to be respected, show respect and have respect in the workplace? Kimberly takes the understanding of respect to another level- differences! Learn to leave judgement at the door, we are all different. Our life stories are not only one page and very few of us have the same chapters. For example, what's it like being in corporate america with a mental illness? Kimberly gives you a little bit of an idea. Walk away feeling a little bit more respectful of your own goals and lives in and out of the workplace.

Your Whole Self: Mind & Body

Mental health & physical health go hand in hand. Learn how to take care of your body and mind.. The Mayo Clinic suggests that positive thinking and a good attitude help better your psychological well being and help you cope better under stressful situations at work. If you display a good attitude, your co-workers will as well, making it easier to communicate and get along in the workplace. Whether it comes natural or not, Kimberly introduces ways to maintain a positive attitude in the workplace

***"Life is full of obstacles. Keep climbing,
it is always beautiful at the top."***

Additional Details

BOOK SALE/AUTOGRAPH

Kimberly Mohns Roberts will bring books for purchase and autographing.

1. To legally offer books to students tax free, sales MUST BE DONE through a PTA/PTO, SPECIAL FUND or a SCHOOL ACCOUNT.
2. A RECORD of numbers of each title sold along with a CHECK are to be presented to Mrs. Roberts on the day of the presentation.
3. Mrs. Roberts will email you a Book Order Form (or download here) that lists available titles, prices and a space indicating to whom a book should be autographed.
4. Send Order Form home twice before her visit. (The first time two weeks prior to visit and then again the day before.)
5. Please inform Mrs. Roberts' of approximate numbers and titles of books sold no later than seven (7) business days prior to visit. Ability to have numbers of books ordered on-hand are dependent upon early notification. Every effort will be made to have books ordered available on the day of the visit. Books not available will be autographed and mailed later at author's expense.
6. All books will be autographed on the day of the visit unless otherwise arranged.

SPEAKING SET-UP AND EQUIPMENT NEEDS

1. LCD projector (with sound capabilities)
2. As large a screen a possible mounted high to not obstruct view.
3. Lavalier or collar microphone is best.
4. Small table for Ms. Warren's materials.
5. Bottle of water.

Virtual visits are available as well! Let's talk:

Email: kimberlymohnsroberts@gmail.com

Phone: 7049950877

Fees 2019-2020

I'D LOVE TO MEET ALL OF YOU IN PERSON

Thanks for your interest in my stories. You and your students are the people I live for.

\$300 Half day/\$500 Full day plus expenses

Full day includes:

1. Three (3) large group presentations or writing workshops
2. Student Press Conference.

\$ 75 - Classroom SKYPE visit - (30 min.)

\$175 - SKYPE Assembly - (50-min.)

\$200 - Evening presentation

LOCAL: (within 80 miles of Charlotte NC)

\$400 per day, no mileage expense

- up to THREE SESSIONS per day
- up to one hour per session
- Farther than 50 miles Charlotte, I may need one night's lodging expense, so I can arrive early.

REALLY LOCAL: (Charlotte Mecklenburg County)

I can come for as few as 2 sessions (for \$300) but I do ask that sessions start no earlier than 9:30 a.m. and be spaced no more than 1 hour apart (if possible.)

OUTSIDE MY LOCAL AREA

(beyond 80 miles from Charlotte, NC)

\$1200 per day, plus travel expenses

- up to THREE SESSIONS per day (can include an evening program)

Up to one hour per session

- Rate (after the 1st day) discounted to \$900 per day for multi-day bookings.

All travel arrangements should be made from Charlotte, North Carolina.

If you're working with a limited budget, let me help. Get in touch, and I'll be happy to suggest ways to bring my program to your area and make it more affordable.

Do you wish to bring me or another author to your local school? Check out the following sources

1. www.schoolfundingcenter.com This center lists multiple grants available for educators.
2. Send a letter to your PTA/PTO – they raise money for school presentations and assemblies.
3. Contact local businesses and associations. Many set aside donations for positive educational opportunities for children.
4. To house a visiting author, contact local hotel chains. Many will consider comping the room as a donation to the school and school children.

Tips on Organizing a Successful School Visit:

Signing books for the children I write for is one of the greatest parts of my job! I'm happy to sign books in front of them while I'm there. If they can be sold in advance, all the better. Things move faster. If not, that's fine, too.

Encourage Creative Projects

One way to get children involved is to let them do creative projects based on one or several of my books. Teachers can order books in advance which would include a FREE teacher's guide.

Group Grades Carefully

I'm comfortable talking to either small groups in the media center or large ones in the auditorium or gym. Size isn't as important as talking to a group that's roughly on the same reading level. The most effective grouping is: K-2, 3-4, 5-6. Of course, every school has its own requirements and I will adapt to any grouping. But if the grades are clustered, I can edit my presentation to be as meaningful as possible to each age group.

Help Recoup Your Expenses

PTA groups can make a good percentage of the cost of my visit by pre-selling my books and sending an order form home with the children 6-8 weeks in advance. If schools order directly through the author, they can get a school discount of 30-40% and make a profit by selling the books for the usual price. Book sales can go a long way toward recouping the cost of my visit.

Make it Personal!

I love signing books while the children are there during my visit. So as to get the correct spelling of each child's name, I ask that it be written on a slip of paper and put inside the book. Or, I can send the school a template of my personalized bookmark to copy and hand out, in advance.



Author Visit

Author Kimberly Mohns Roberts is coming to share her stories! Because of this special visit, students have an opportunity to buy autographed copies of Mrs. Roberts' inspiring picture books, *Just Perfect* and *Just Super*.

If your child would like to own an autographed copy, please fill out this form and return it to his/her teacher by the date noted below.

Hardcover \$ 15
 Coloring book \$5
 Bulk Hardcover Pricing 25+ only \$10 each (Retail \$19.95)

Orders Must Be Recieved By

School _____	Childs name _____	Teacher _____
Grade _____	Autograph to _____	Email _____

Book	Quantity	Total Price
Just Perfect Hardcover		
Just Super Hardcover		
Just Perfect Coloring Book		

To keep things simple, we're asking for checks only, please.
 Make out the check to:
 Kimberly Mohns Roberts